

# **SUPPORTING EARLY CONNECTIONS**

## **Infant Mental Health, Child and Family Services**

### *Referring Families to Navos for Child-Parent Therapy*

#### **Which families should be referred for Child-Parent Therapy?**

- Family has an infant or toddler between the ages of birth and 36 months at time of referral.
- The infant or toddler is living in an in-home or out-of-home placement in the following areas of King County:
  - Seattle, West Seattle, Burien, Renton, Kent or surrounding areas;
  - OR the child can be brought weekly to a Navos office in West Seattle or Auburn.
- A dependency petition has been filed within the past nine months in King County Superior Court.
- Assigned social worker works in King County.
- One or both parents are motivated to improve their relationship with their infant or toddler.
- Parent(s) and infant are able to engage in the therapeutic process with weekly sessions.
- The parent(s) is willing to engage in the services voluntarily.

#### **How is a family referred to Navos for services?**

The parent's attorney is responsible for referring a family to Navos for Child-Parent Therapy. Parents may also refer themselves and their infant or toddler.

1. Parents' attorneys will discuss the program with their clients, explaining how it works and the potential legal implications of participating.
2. If a parent decides to engage in services, they or their attorney will send the referral form to the Supporting Early Connections program either by fax 206.933.7297 or email: [SEC@navos.org](mailto:SEC@navos.org).
3. A Navos therapist will conduct a screening with the family to determine whether the family meets the initial eligibility for services and to set up an in-person intake appointment.

#### **How do families and parties to the dependency find out if the family is eligible for services?**

During the intake assessment process, which may take more than one appointment, the Navos clinician observes the infant/toddler and parent, and discusses with the parent(s) what it will be like to be enrolled in the program. Navos will also contact the assigned social worker to confirm the child's availability for treatment.

If the child qualifies for Child-Parent Therapy paid for by Medicaid, and the parent and clinician agree that Child-Parent Therapy is appropriate for the family, the Navos clinician will send an enrollment letter to the parent, with copies provided to all parties to the dependency case. The court will also include SEC as a required service for your child in the court order. Then the work will begin!

Date of Referral: \_\_\_\_\_

*Child-Parent Therapy Services Referral Form*

**Parent Information**

**Parent's Name & Relationship to Child (Mother or Father)**

**Optional: Second Parent's Name and Relationship to Child (Mother or Father)**

**Parent's Phone Number(s)**

**Best Time to Contact Parent**

**Child Information**

**Child's Name**

**Date-of-Birth**

**Is the Child Placed in King County?**

**Child's Placement (parent, relative, foster care, or other) and City of Placement**

**Case Information**

**Date Dependency Filed (must be within the past 9 months)**

**Family Treatment Court (Yes or No)**

**Cause Number**

**Next Hearing Date**

**Parent's Attorney's Name, Phone Number and E-mail Address**

**Social Worker's Name, Phone Number, and Office Location**

**Please fax or email referrals to:  
Supporting Early Connections Program  
Fax: 206.933.7297 or [SEC@navos.org](mailto:SEC@navos.org)  
Phone: 206.933.7075**